

### ML-M2011140

Seat No.

## Master of Physiotherapy Examination January - 2018

# Physiotherapy in Musculoskeletal Conditions & Sports (Elective - I)

Time: 3 Hours [Total Marks: 100]

Instructions: (i)

- (i) The answers should be specific to the questions asked.
- (ii) The answers should have clinical reasoning and be evidence based.
- (iii) Draw neat labelled diagrams wherever necessary.
- (iv) Answer all the questions.

### Long Essays:

 $2 \times 20 = 40$ 

- 1 Write in detail, the various fitness and performance tests, and add a note of footwear evaluations for athletes.
- 2 Describe in detail, the McKenzie therapy for a 28 year old female diagnosed as cervical derangement syndrome 4.

#### **Short Essays**

 $6 \times 10 = 60$ 

- 3 Explain kinetic and kinematic analysis, with five examples for each.
- 4 Explain in detail, the physiotherapy management for adhesive capsulitis.
- 5 Describe the pre and post surgical management of total knee arthroplasty.
- **6** Explain the role of physiotherapy and rehabilitation for a shoulder disarticulation amputee.
- 7 Explain nutrition and doping in football players.
- 8 Explain in detail the physiotherapy management and hand rehabilitation for a patient with crush injury of the dominant hand.

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